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to four words it would be the fairly unexceptional sounding 'learn from your mistakes'. What makes it such a good read, however, is not only the lively range of examples but also the

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time he takes to probe into why people often don't learn from mistakes.

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approach to high performance, a means of finding an edge in a complex and fast-changing world. It is not just about sport, but has powerful implications for business and politics, as well as for parents and

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students. In other words,
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and fast-changing world. It is not just about sport, but has powerful implications for business and politics, as well as for parents and students - for all of us.

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“Marginal gains, as an approach, is about having the intellectual honesty to see where you are going wrong, and delivering improvements as a result.”

Sir David Brailsford, Team

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have added up to an overall

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improvement in his game of 5 or 6%. That's a huge increase in the context of professional sport.

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storytelling the undeniable mistakes in the healthcare sector, particularly with the case of Elaine Bromiley's. It appears that healthcare industry was not open to mistakes that are happening inside especially

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if the case was life-threatening because the whole industry encourages 0% mistakes since they're dealing with life itself.

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Black Box Thinking. By
Michael Taylor. Matthew Syed
is a former table tennis
international and author on
factors drives high
performance with his books
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Thinking. He is a consultant on boosting creativity, and identifying marginal gains in order to gain an edge. Both of his books are directly applicable to trading.

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A variety of industries are covered (Sports, Healthcare, Aviation, Crime etc) which really opens up the idea of marginal gains to an easily digested subject to anyone.

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I learned a great deal from this book as an HR Manager in a technology office but also as a Club Operations Manage in a Youth Football Club. This really applies everywhere.

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Black Box Thinking Reviews

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An extraordinary, inspirational book which reveals how great performers and teams are driven by an insatiable curiosity for marginal gains, together with the intellectual courage to challenge their

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